

## **MODULE SPECIFICATION**

Version no:

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Module Code:	HLT711					
Module Title:	Dissertation in health, mental health and wellbeing					
Level:	7	Credit Value:		40		
Cost Centre(s):	GAHW	HECoS code:		100653		
Faculty	SLS	Module Leader:		Dr Sharon Wheel	er	
Scheduled learning	ng and teaching h	nurs				5 hrs
Placement tutor s				0 hrs		
Supervised learning	• •	asses. workshops		0 hrs		
Project supervision (level 6 projects and dissertation modules only)			10 hrs			
Total contact hours			<b>15</b> hrs			
Placement / work based learning			0 hrs			
Guided independent study			385 hrs			
Module duration (total hours)				400 hrs		
Programme(s) in which to be offered (not including exit awards)				xit awards)	Core	Option
MSc Health, Mental Health and Wellbeing				<b>✓</b>		
Pre-requisites						
None.						
Office use only Initial approval: With effect from:	20/05/2020 28/09/2020				Version	no: 1

Date and details of revision:

# **Module Aims**

Research in public health, mental health and wellbeing is vital for many reasons, including developing the evidence base for new and existing health improvement and promotion strategies, understanding people's lived experiences of health issues and services, and exploring health behaviours at individual, community and national levels in an evolving physical and social environment. This module will support students to undertake their own piece of research on a topic of their choosing related to public health, mental health and wellbeing, and disseminate their findings in a format suitable to their personal career needs and goals.

Module Learning Outcomes - at the end of this module, students will be able to			
1	Undertake an original and ethical research study		
2	Demonstrate comprehensive knowledge and understanding of a chosen area of research		
3	Demonstrate comprehensive knowledge and understanding of a chosen methodology		
4	Effectively disseminate research in a suitable written format		
5	Effectively defend research orally to an appropriate audience		

Employability Skills The Wrexham Glyndŵr Graduate	I = included in module content A = included in module assessment N/A = not applicable
CORE ATTRIBUTES	
Engaged	1
Creative	IA
Enterprising	1
Ethical	1
KEY ATTITUDES	
Commitment	I
Curiosity	1
Resilient	1
Confidence	1
Adaptability	1
PRACTICAL SKILLSETS	
Digital fluency	IA
Organisation	IA
Leadership and team working	I

Template updated: September 2019

Employability Skills The Wrexham Glyndŵr Graduate	I = included in module content A = included in module assessment N/A = not applicable
Critical thinking	IA
Emotional intelligence	I
Communication	IA

Derogations		
None.		

#### **Assessment:**

**Indicative Assessment Tasks:** 

Student will be required to undertake one of the following extended pieces of work:

- Systematic literature review
- Original piece of research\*

The work should be written up in either a report or journal article format, both 8,000-words. Students will also be required to defend their work in the form of a 15-minute viva voce with their supervisor and second marker.

\*Students undertaking original research will be required to obtain ethical approval for their study prior to collecting any data and this will not be included in their word count

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	
1	1-4	Dissertation	75%	
2	5	Oral Assessment	25%	

#### **Learning and Teaching Strategies:**

Core aspects of the module will be delivered over the course of two weeks in a classroom setting (approx. 5 hours in total), which will be captured via lecture capture software such as Panopto. The software will capture the visual and audio aspects of the sessions and the recordings will be made available on the Virtual Learning Environment (VLE) to all students, alongside directed study. Students will be able to self-select which sessions they will attend face-to-face and which they will access by viewing online. It will be encouraged, but not required, that students attend a minimum of 2.5 scheduled learning and teaching hours relevant to the module, although they can study entirely online should they choose to.

Learning and teaching activities in the classroom and VLE will include lectures, discussions, case studies, simulations, problem-based learning, workbooks, key readings and reflective activities.

# **Learning and Teaching Strategies:**

Following these sessions students will work with an assigned supervisor, who will support and advise them to undertake a research study and disseminate their work in written and oral formats. Students can expect a maximum of 10 hours of tutorials with their supervisor, which they will need to take responsibility for scheduling.

### Syllabus outline:

The content will be updated regularly to reflect the evolving nature of the public health, mental health and wellbeing landscape, however, indicative content is as follows:

- Doing a dissertation
- Disseminating research in written and oral formats

#### **Indicative Bibliography:**

#### **Essential reading**

Booth, A., Sutton, A. and Papaioannou, D. (2016), *Systematic Approaches to a Successful Literature Review*. London: Sage.

Bowling, A. (2014), Research Methods in Health: Investigating Health and Health Services. Berkshire: Open University Press.

Bryman, A. (2016), Social Research Methods. 5th edition. Oxford: Oxford University Press.

McClean, S., Bray, I., Viggiani, N., Bird, E. and Pilkington, E. (2019), *Research Methods for Public Health*. London: Sage.

#### Other indicative reading

Bergin, T. (2018), An Introduction to Data Analysis: Quantitative, Qualitative and Mixed Methods. London: Sage.

Bruce, N., Pope, D. and Stanistreet, D. (2018), *Quantitative Methods for Health Research: A Practical Interactive Guide to Epidemiology and Statistics*. 2<sup>nd</sup> ed. West Sussex: John Wiley and Sons Ltd.

Creswell, J. and Creswell, D. (2018), Research Design: Qualitative, Quantitative, and Mixed Methods. London: Sage.

Davies, M. and Hughes, N. (2014), *Doing a Successful Research Project: Using Qualitative or Quantitative Methods*. London: Red Globe Press.

Template updated: September 2019

# **Indicative Bibliography:**

Green, J. and Thorogood, N. (2018), *Qualitative Methods for Health Research*. London: Sage.

Greenhalgh, T. (2019), *How to Read a Paper: The Basics of Evidence-based Medicine and Healthcare*. Chichester: John Wiley and Sons Ltd.

Pope, C. and Mays, N. (2020), *Qualitative Research in Health Care*. West Sussex: John Wiley and Sons Ltd.

Ritchie, J., Lewis, J., Nicholls, C. and Ormston, R. eds. (2014), *Qualitative Research Practice: A Guide for Social Science Students and Researchers*. 3<sup>rd</sup> ed. London: Sage.

Robson, C. and McCartan, K. (2016), *Real World Research*. 4<sup>th</sup> ed. West Sussex: John Wiley and Sons Ltd.

Walliman, N. (2016), Social Research Methods: The Essentials. 2<sup>nd</sup> ed. London: Sage.

## **Key Journals:**

Community Mental Health Journal

Critical Public Health

European Journal of Public Health

Health & Social Care in the Community

Health Education & Behavior

Health Education Journal

Health Promotion International

**Health Promotion Practice** 

International Journal of Public Health

International Journal of Qualitative Studies on Health and Well-being

Journal of Community Health

Journal of Health and Social Behavior

Journal of Public Health

Journal of Public Health Management & Practice

Journal of Public Health Policy

Mental Health & Prevention

The Lancet

The Lancet Child & Adolescent Health

The Lancet Global Health

The Lancet Public Health

Public Mental Health

Society and Mental Health

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